150 50	Methodology Pasteurise all the ingredients with emulsion and churn
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521	
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800	Bring all the ingredients to a boil, spread on plastic (4mm thick)
210	
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	Whip egg white and sugar to peak and fold in all the powder, then spread it on paper (1cm thick)
	Bake at 170 degrees until the meringue is cooked
30	
750	Bring all the ingredients to a boil to 102 degrees and go through a blender
1500	
3250	
	450 120 16 210 110 20 150 150 150 34 30